Coverage Period: 08/01/2023 – 07/31/2024 Coverage for: Single + Family | Plan Type: HDHP

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, go to <u>www.meritain.com</u> or call (212) 563-2330. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>www.healthcare.gov/sbc-glossary</u> or call Meritain Health, Inc. at (800) 925-2272 to request a copy.

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Important Questions	Answers	Why This Matters:			
What is the overall deductible?	For participating <u>providers</u> : \$1,500 person / \$3,000 family For non-participating <u>providers</u> : \$4,000 person / \$8,000 family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the policy, the overall family <u>deductible</u> must be met before the <u>plan</u> begins to pay.			
Are there services covered before you meet your deductible?  Are there other deductibles for specific services?	Yes. For participating <u>providers</u> : <u>Preventive care</u> and certain routine services are covered before you meet your <u>deductible</u> .  No.	This plan covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>www.healthcare.gov/coverage/preventive-care-benefits/</u> .  You don't have to meet <u>deductibles</u> for specific services.			
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	For participating <u>providers</u> : \$4,000 person / \$8,000 family For non-participating <u>providers</u> : \$8,000 person / \$16,000 family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.			
What is not included in the <u>out-of-pocket</u> <u>limit?</u>	Premiums, preauthorization penalty amounts, balance billing charges and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .			
Will you pay less if you use a <u>network</u> <u>provider</u> ?	Yes. See www.aetna.com/docfind/custom/mymeritain or call (800) 343- 3140 for a list of network providers.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan</u> 's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider</u> 's charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.			
Do you need a referral to see a specialist?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .			
Is a Health Savings Account (HSA) available under this plan option?	Yes.	An HSA is an account that may be set up by you or your employer to help you plan for current and future health care costs. You may make contributions to the HSA up to a maximum amount set by the IRS.			

All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

		What You Will Pay		
Common Medical Event	Services You May Need	Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you visit a health care <u>provider's</u> office or clinic	Primary care visit to treat an injury or illness  Specialist visit  Preventive care/screening/immunization	20% coinsurance  20% coinsurance  No Charge (preventive care, routine immunizations, routine mammogram, pap smear and PSA)	40% coinsurance  40% coinsurance  40% coinsurance  (routine care & immunizations up to age 26, routine mammogram, pap smear and PSA)/ Not Covered (all other preventive care)	You may have to pay for services that aren't preventive. Ask your provider if the services you need are preventive. Then check what your plan will pay for.
If you have a test	Diagnostic test (x-ray, blood work) Imaging (CT/PET scans, MRIs)	20% coinsurance 20% coinsurance	40% coinsurance 40% coinsurance	Preauthorization required for PET scans and non-orthopedic CT/MRI's. If you don't get preauthorization, benefits could be reduced by 50% up to \$500 of the total cost of the service.
If you need drugs to treat your illness or condition  More information about prescription drug coverage is available at www.caremark.com	Generic drugs Preferred brand drugs Non-preferred brand drugs  Specialty drugs	20% coinsurance 20% coinsurance 20% coinsurance 20% coinsurance	Not Covered Not Covered Not Covered Not Covered	Major medical <u>deductible</u> applies. Covers up to a 30-day supply (retail prescription); 90-day supply (mail order prescription), 30-day supply ( <u>specialty drugs</u> ). There is no charge or <u>deductible</u> for preventive drugs.  Dispense as Written (DAW) provision applies. All <u>prescription drugs</u> are subject to Step Therapy. <u>Specialty drugs</u> must be obtained directly from the specialty pharmacy. After 2 fills, maintenance drugs must be purchased as a 90-day supply and must be purchased at a CVS retail pharmacy only or through the mail order

		What You Will Pay			
Common Medical Event	Services You May Need	Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
				program.	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)  Physician/surgeon fees	20% <u>coinsurance</u> 20% <u>coinsurance</u>	40% <u>coinsurance</u> 40% <u>coinsurance</u>	Preauthorization required for certain surgeries. If you don't get reauthorization, benefits could be reduced by 50% up to \$500 of the total cost of the service. See your plan document for a detailed listing.	
If you need immediate medical attention	Emergency room care	20% <u>coinsurance</u> ( <u>emergency services</u> )/ Not Covered (non- <u>emergency services</u> )	20% <u>coinsurance</u> ( <u>emergency services</u> )/ Not Covered (non- <u>emergency services</u> )	Non-participating <u>providers</u> paid at the participating <u>provider</u> level of benefits.	
	Emergency medical transportation Urgent care	20% coinsurance 20% coinsurance	20% coinsurance 20% coinsurance	Non-participating <u>providers</u> paid at the participating <u>provider</u> level of benefits.	
If you have a hospital stay	Facility fee (e.g., hospital room) Physician/surgeon fees	20% coinsurance 20% coinsurance	40% coinsurance 40% coinsurance	Preauthorization required. If you don't get preauthorization, benefits could be reduced by 50% up to \$500 of the total cost of the service.	
If you need mental health, behavioral health, or substance abuse services	Outpatient services Inpatient services	20% coinsurance 20% coinsurance	40% coinsurance 40% coinsurance	Includes telemedicine.  Preauthorization required. If you don't get preauthorization, benefits could be reduced by 50% up to \$500 of the total cost of the service.	
If you are pregnant	Office visits  Childbirth/delivery professional services	20% <u>coinsurance</u> 20% <u>coinsurance</u>	40% <u>coinsurance</u> 40% <u>coinsurance</u>	Preauthorization required for inpatient hospital stays in excess of 48 hrs. (vaginal delivery) or 96 hrs. (c-section). If you don't get preauthorization, benefits could be reduced by 50% up to \$500 of the total cost of the service. Cost sharing does not apply to preventive services from a participating provider. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound). Baby counts towards the	
	Childbirth/delivery facility services	20% <u>coinsurance</u>	40% <u>coinsurance</u>		

		What You Will Pay			
Common Medical Event	Services You May Need	Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
				mother's expense.	
If you need help recovering or have other special health needs	Home health care	20% coinsurance	40% coinsurance	Limited to 60 visits per year. <u>Preauthorization required.</u> If you don't get preauthorization, benefits could be reduced by 50% up to \$500 of the total cost of the service.	
	Rehabilitation services	20% coinsurance	40% coinsurance	Physical, speech, occupational, cognitive and pulmonary limited to a combined maximum of 60 visits per year.	
	<u>Habilitation services</u>	20% coinsurance	40% coinsurance	none	
	Skilled nursing care	20% <u>coinsurance</u>	40% <u>coinsurance</u>	Limited to 60 days per year. <u>Preauthorization</u> required. If you don't get preauthorization, benefits could be reduced by 50% of the total cost of the service.	
	Durable medical equipment	20% <u>coinsurance</u>	40% <u>coinsurance</u>	Preauthorization required for electric/motorized scooters or wheelchairs and pneumatic compression devices. If you don't get preauthorization, benefits could be reduced by 50% up to \$500 of the total cost of the service.	
	Hospice services	20% coinsurance	40% <u>coinsurance</u>	Bereavement counseling is covered if received within 6 months of death.	
If your child needs	Children's eye exam	Not Covered	Not Covered	Not Covered	
dental or eye care	Children's glasses	Not Covered	Not Covered	Not Covered	
	Children's dental check-up	Not Covered	Not Covered	Not Covered	

### **Excluded Services & Other Covered Services:**

lifetime)

Services Your <u>Plan</u> Generally Does NOT Coservices.)	over (Check your policy or <u>plan</u> document for m	ore information and a list of any other <u>excluded</u>		
<ul> <li>Acupuncture</li> <li>Cosmetic surgery</li> <li>Dental care (Adult &amp; Child)</li> <li>Emergency room services for non-emergency services</li> </ul>	<ul> <li>Glasses (Adult &amp; Child)</li> <li>Hearing aids</li> <li>Long-term care</li> <li>Non-emergency care when traveling outside the U.S.</li> </ul>	<ul> <li>Private-duty nursing (except for home health care &amp; hospice)</li> <li>Routine eye care (Adult &amp; Child)</li> <li>Routine foot care (except for metabolic or peripheral vascular disease)</li> <li>Weight loss programs</li> </ul>		
Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)				
Bariatric surgery (for the treatment of morbid obesity only - 1 surgery per	Chiropractic care	<ul> <li>Infertility treatment (3 attempts per lifetime for artificial insemination)</li> </ul>		

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <a href="www.dol.gov/ebsa/healthreform">www.dol.gov/ebsa/healthreform</a> or Barr & Barr, Inc. at (212) 563-2330. Other coverage options may be available to you too, including buying individual insurance coverage through the <a href="Health Insurance Marketplace">Health Insurance Marketplace</a>. For more information about the <a href="Marketplace">Marketplace</a>, visit <a href="www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <u>www.dol.gov/ebsa/healthreform</u> or Barr & Barr, Inc. at (212) 563-2330.

Additionally, a consumer assistance program can help you file your <u>appeal</u>. Contact the (New York) Community Service Society of New York, Community Health Advocates at (888) 614-5400.

#### Does this plan provide Minimum Essential Coverage? Yes

<u>Minimum Essential Coverage</u> generally includes <u>plans</u>, <u>health insurance</u> available through the <u>Marketplace</u> or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of <u>Minimum Essential Coverage</u>, you may not be eligible for the <u>premium tax credit</u>.

#### Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

### Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-378-1179.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-378-1179.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码1-800-378-1179.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-378-1179.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

#### About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

### Peg is having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

The <u>plan's</u> overall <u>deductible</u>	\$1,500
Primary care physician coinsurance	20%
■ Hospital (facility) coinsurance	20%
■ Other coinsurance	20%

# This EXAMPLE event includes services like:

Primary care physician visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood work) Specialist visit (anesthesia)

Total Example Cost

<b>F</b>	, , , ,	
In this example, Peg would pay:		
Cost Sharing		
Deductibles	\$1,500	
Copayments	\$0	
Coinsurance	\$2,200	
What isn't covered		
Limits or exclusions	<b>\$</b> 60	
The total Peg would pay is	\$3,760	

\$12,700

### Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$1,500
Specialist coinsurance	20%
■ Hospital (facility) coinsurance	20%
Other coinsurance	20%

# This EXAMPLE event includes services like:

Specialist office visits (including disease education)
Diagnostic tests (blood work)
Prescription drugs
Durable medical equipment (glucose meter)

### Total Example Cost \$5,600

In this example, Joe would pay:

Cost Sharing

Deductibles \$1,500

Copayments \$0

Coinsurance \$800

What isn't covered

Limits or exclusions \$20

The total Joe would pay is \$2,320

### Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$1,500
Specialist coinsurance	20%
■ Hospital (facility) coinsurance	20%
Other coinsurance	20%

# This EXAMPLE event includes services like:

Emergency room care (including medical supplies)
Diagnostic test (x-ray)
Durable medical equipment (crutches)
Rehabilitation services (physical therapy)

**Total Example Cost** 

-	-	
In this example, Mia would pay:		
Cost Sharing		
Deductibles	\$1,500	
Copayments	\$0	
Coinsurance	\$300	
What isn't covered		
Limits or exclusions \$0		
The total Mia would pay is	\$1,800	

\$2,800